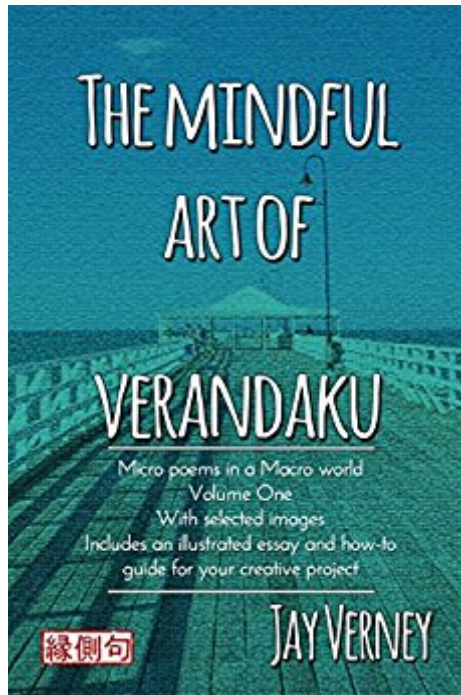


The book was found

# The Mindful Art Of Verandaku: Micro Poems In A Macro World - Volume 1



## Synopsis

Verandaku is the daughter of Haiku, the beloved Japanese poetic form made famous by masters like Matsuo Basho, Yosa Buson, Kobayashi Issa, and Chiyo-ni. In *The Mindful Art of Verandaku*, Jay Verney offers the first of two volumes of The Verandaku Project, 999 Verandakus, which began life as a humble blog, Veranda Life, consisting of poems with accompanying images: one per day for 999 days. This volume of 333 verandakus, with selected images, is coupled with an essay about the creation of the project and a guide for anyone interested in creating their own mindful artwork. Verandaku is for everyone, and everyone can write their own verandaku memoir, daily observation, or simple offering of love to the universe in three short lines of 17 syllables. Five, seven, five is all it takes. Enjoy.

## Book Information

File Size: 1793 KB

Print Length: 170 pages

Page Numbers Source ISBN: 0994547005

Simultaneous Device Usage: Unlimited

Publisher: Zen Kettle Books; 1 edition (May 3, 2016)

Publication Date: May 3, 2016

Sold by: Digital Services LLC

Language: English

ASIN: B01F4WX44W

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Not Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #1,091,430 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #35

in Kindle Store > Kindle eBooks > Literature & Fiction > Poetry > Australian & Oceanian #91

in Books > Literature & Fiction > Poetry > Regional & Cultural > Australia & Oceania #109

in Kindle Store > Kindle eBooks > Literature & Fiction > Poetry > Japanese & Haiku

## Customer Reviews

Creative, refreshing and original. This first volume of poems has such a teaching and spiritual element to it, I couldn't put it down. What insight and clarity the author possesses. You can't help but

get swept away with its beauty from the authors daily observations, from the world in which we live. What an amazing talent from Australia. Jay, I've just bought, A Mortality Tale and can't wait to read it! Looking forward to a follow up!

[Download to continue reading...](#)

The Mindful Art Of Verandaku: Micro Poems in a Macro World - Volume 1 Sustainable Micro Irrigation: Principles and Practices (Research Advances in Sustainable Micro Irrigation) Macro Language for PIC microcontrollers Macro Nature: Grayscale Photo Coloring Book for Adults IIFYM: If it Fits Your Macros: The Ultimate Beginner's Guide (Flexible Dieting, Macro Based Dieting, For Weight Loss) The Macro Polity (Cambridge Studies in Public Opinion and Political Psychology) Hplc Of Biological Macro- Molecules, Revised And Expanded (Chromatographic Science (Hardcover)) El banquero de los pobres/ Banker of the Poor: Los microcreditos y la batalla contra la pobreza en el mundo/ Micro Lending and the Battle Against World Poverty (Bolsillo) (Spanish Edition) The Art of Mindful Facilitation The Art of Being Mindful The Silver Shield Guide: For Micro Mintage Collectors and Investors (Silver Shield Quarterly Guides Book 1) Micro Mosaics Programming Java 2 Micro Edition for Symbian OS: A developer's guide to MIDP 2.0 (Symbian Press) COBOL: From Micro to Mainframe: Fujitsu Version (3rd Edition) Micro-Hydro Design Manual: A Guide to Small-Scale Water Power Schemes Field Guide to Digital Micro-Optics Fabrication Engineering at the Micro- and Nanoscale (The Oxford Series in Electrical and Computer Engineering) Designing and Building Mini and Micro Hydro Power Schemes: A Practical Guide Planning and Installing Micro-Hydro Systems: A Guide for Designers, Installers and Engineers Micro Hydro-Electric Power Stations

[Dmca](#)